

*Brought to you by The Danish Implementation Network (DIN)*

## **Implementation 101 for practitioners**

Come and get an introduction to basic practical implementation!

Bring your own implementation case and receive feedback from researchers and colleagues. The presentations will be in English, but you may receive a response on your projects in either Danish/Swedish or English.

The workshop will give you an introduction to the importance of working with implementation in everyday life. Inspired by implementation research we will look at practical examples and examine why implementation is so difficult and often fails. We will elaborate on how one might work with implementation.

What do you have in your implementation toolbox? Do you vary your approaches and tools from case to case - or do you always pull out the same one? Implementation is dependent on the approach one decides to work with. We will introduce four different approaches to implementation: "Just do!"; "Pick and Choose!"; "Staying until it works" and "Let's do it together!"

The approaches may all be placed within a continuum between centralized and de-centralized approaches - each approach is characterized by specific characteristics, purpose, strengths, weaknesses, that all call for different implementation tools.

We will share specific implementation tools, tips, and tricks, which may support different challenges. The workshop will be a mixture between presentations plus working and dialoging in small groups.

### *Your Workshops Facilitators*



**Torsten Conrad**, Partner in LEAD-enter next level, MA in Leadership & MA in Theol., Researches in Implementation & Leadership, External Associate Professor, Aalborg University. Board member in Danish Implementation Network, Initiator of Danish Implementation Network for Researchers. Torsten is both a researcher and practitioner with a great interest in how the different actors play different roles in implementation.



**Cecilie Lindström Egholm**, MScPH, PhD-student, The Danish Knowledge Centre for Rehabilitation and Palliative Care, University of Southern Denmark, and Holbaek University Hospital, Region Zealand. Cecilie conducts research on implementation of quality improvement projects and evidence-based knowledge within healthcare, and in her current PhD-project focuses on the use of clinical quality registries.



**Jeanette Wassar Kirk**, Msn (nursing), PhD, Post doc. Optimed, Clinical Research Centre, Hvidovre University Hospital, 2650 Hvidovre, Denmark. Jeanette conducts research on implementation of clinical intervention and evidence-based knowledge within healthcare, in the tension between social science and implementation science. A current project is WALK-Copenhagen which is a pragmatic and mixed-methods intervention and implementation study to increase 24-hour mobility in older medical patients during acute hospitalization and following discharge.

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