

*Brought to you by The Linköping University Implementation Group*

## ***There is Nothing as Practical as a Good Theory – Implementation Theory in Practice***

Theory may be applied in implementation research in many ways – here is an opportunity to improve your understanding and hone your skills! This workshop provides an overview of theories (and models and frameworks) used in implementation research and discusses a number of case studies where theories have been applied.

The workshop addresses questions such as: Which theories, models and frameworks can be applied in implementation science? Why should we use theories? How do we know which theories are relevant? Should we use individual- or collective-level theories? What are the pros and cons of using theories? Are there risks with choosing off-the-shelf theories?

We will provide participants with an opportunity to meet implementation research peers and to discuss theory application issues in their own research.

### *Your Workshops Facilitators*



Per Nilsen is a professor of community medicine, with a focus on implementation research. He was active in establishing the research program in implementation science at Linköping University, initiated in 2009. Nilsen has led several projects in implementation research and has supervised numerous PhD projects concerning implementation of evidence-based practices in a broad range of settings, from rheumatology, physiotherapy and nursing to psychiatry, public health and social work.



Associated Professor Kerstin Roback has a PhD in health technology assessment (HTA). She is affiliated to the Division of Health Care Analysis at Linköping University. She also has an MSc degree in biotechnical physics. Current research includes evaluation of new interventions, change processes and innovation in health care as well as implementation and de-implementation of health care practices.



Siw Carlford is a senior lecturer and associate professor at the Department of Medical and Health Sciences, Linköping University. She is involved in research regarding implementation in the areas of physiotherapy, sports medicine and patient safety. Siw is also teaching students in medicine and in physiotherapy at undergraduate level, and teaches implementation at advanced level and at PhD level.



Margit Neher teaches implementation at the Master and PhD levels at Linköping University. Her current research focuses on factors that influence the implementation of telehealth solutions in cardiology, and the implementation of cancer rehabilitation in primary care. She has many years of clinical experience as an occupational therapist, and defended her thesis (*Learning challenges in Evidence-based Practice in Rheumatology*) in 2016.

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